Password vs Passphrase

Learn about the difference and how you can better protect your sensitive information!



Passphrases are generally considered more secure than traditional passwords due to their longer length and enhanced complexity. This makes passphrases significantly more difficult for humans or computers to guess, as opposed to traditional passwords.

While passwords typically consist of shorter combinations of letters, numbers, and symbols, passphrases are composed of multiple words or phrases strung together.

Here are some tips to build a solid passphrase:



Tip 1: Use a Memorable Phrase

Choose a memorable phrase consisting of a sequence of mixed words.



Tip 2: Capitalize and Substitute

Change the capitalization of some of the letters and replace some of the letters with numerical and symbolic substitutions. Try turning "I love Summer" to "1LuV\$umm3R!"



Tip 3: Make it Unique

Make sure you use something that is unique, and is not repeated for any other accounts.

By using passphrases, you can better protect your sensitive information and reduce the risk of unauthorized access to your accounts.

Consider updating your passwords to an effective passphrase!

